

Video tutorials about mounting plates to skis are available at youtube.com user: dynaduke Questions and Support, please email info@bindingfreedom.com

## Instructions for mounting SollyFit Plates to your skis:

- 1) prep skis with center line and mount line
- 2) carefully align the BSL mark of each template sheet with the mount line and center line, tape the templates to each ski if your alpine boots have a different BSL than your touring boots, mount for the average of the two BSL
- 3) use a center punch to mark the location of each screw hole
- 4) drill skis using manufacturers recomended drill bit (typically 3.5x9.5mm or 4.1x9.5mm for skis with metal)
- 5) apply a small amount of epoxy or waterproof glue into each hole
- 6) install ski screws with #3 PoziDrive bit to 4 Nm torque

## Instructions for mounting Salomon Bindings onto SollyFit Plates:

- 1) prepare screws with a drop of VibraTite
- 2) Use only a #3 PoziDrive bit or screwdriver to install binding screws. Take care to avoid cross-threading the screws.
- 3) install (3 or 4) smallhead screws to fasten each toepiece
- 4) install (2) lowhead screws to fasten the rear of each heelpiece (the heel track may need adjustment to access the head of these screws)
- 5) install (2 or 3) smallhead screws to fasten the front of each heelpiece
- 6) install the brake assembly using the stock Salomon screw
- 7) adjust the forward pressure of each heel and toe wing height as recommended by Salomon

## Instructions for mounting Dynafit Bindings onto SollyFit Plates:

- 1) prepare screws with a drop of VibraTite
- 2) Use only a #3 PoziDrive bit or screwdriver to install binding screws. Take care to avoid cross-threading the screws.
- 3) if using brakes, adjust dynafit heelpiece so that all 4 screw holes are clear
- 4a) install (4) smallhead screws to fasten each vertical heelpiece

∩R

- 4b) install (4) lowhead screws to fasten each comfort heelpiece
- 5) if this is the first installation, ensure that the screws fit into the toepiece holes
  - if not, use a suitable drill bit to enlarge the toepiece holes to fit the screws
- 6) install (4 or 5) smallhead screws to fasten each toepiece
- 7) adjust dynafit heelpiece to the correct location for the BSL as recommended by Dynafit

"Power users" may wish to add some of the following to their toolbox:

VibraTite 30ml bottle (www.bindingfreedom.com item #4030)

Pozi #3 Screwdriver (www.bindingfreedom.com item #4003)

general purpose epoxy in single serving packets (www.bindingfreedom.com item #4006)

Don't use this product for anything other than its intended use. You accept all responsibility for your own health and safety, and should understand that skiing is a dangerous sport. Any injuries or damage caused while using this product is the responsibility of the owner, not the manufacturer. Copyright 2010 Wagner Designs LLC